



## November Newsletter

### Hello Providers!

Welcome to November and the season of gratitude. This is the time of year that we stop and reflect on what we have to be thankful for in our lives. In that spirit, we would like to invite you to share with us what you are thankful for this year. If you are game, please reply to this email with your responses.

Please stay tuned next month for some exciting announcements that we can't wait to share with you all!

### Gentle Reminders!

**If your practice is full and you are unable to take referrals from Second Wind Fund, we need you to let us know ASAP.** Staying in communication with us about your availability is important because when youth are referred to us, we are providing them with a list of providers who we believe are available. It can become disheartening for youth and their families if they receive a list of all full providers and they don't receive the services that they are needing. We can easily put you on hold until you have availability. You will not be removed as a provider unless you ask us to remove you.

**Return calls within 24-48 hours and schedule youth within a one week.** When everyone came on as a Second Wind Fund provider, this is what was agreed upon as part of the requirements. If this is not possible for you at this time, please let us know so that we can put you on a hold until this is possible. If you will be taking a break for the holidays or are planning on taking a vacation, for example, please let us know so that we don't add you to a list during that time.

**Claim forms need to be submitted in within 60 days of service to Mary, Referral Specialist.** We still love paying you all for your hard work, time, and devotion to the youth you see for Second Wind Fund. Please make sure to submit claim forms either by email, mail, or fax to Mary.

Email: [mhoulihan@thesecondwindfund.org](mailto:mhoulihan@thesecondwindfund.org)

Mail:

Second Wind Fund  
Attn: Mary Houlihan  
899 Logan St, Suite 208  
Denver, CO 80203  
Fax: 720-962-0821

**SIQ Requests.** Due to COVID, we are not in the office as frequently. In order to make sure that you have the SIQ's when you need them please make sure to request in advance. When you run out please go ahead and submit your request along with the address that you would like them mailed. Six max will be sent out at a time.

**Speak with the QRS for additional information.** When you accept a referral from Second Wind Fund, please make sure to complete the one call with the QRS to gather additional information.

Balancing everything going on right now during these uncertain times, we understand, can be a bit tricky; and we hope that everyone can please honor these requirements. Second Wind Fund's mission is to break down barriers to accessing therapy and we need everyone's support to make this happen.

### We Need More Providers

We need your help! We need more providers. If you know of any licensed mental health providers who would be interested in becoming part of the Second Wind Fund network, please have them reach out to the Program Director.

Kimberlee Bow  
[kbow@thesecondwindfund.org](mailto:kbow@thesecondwindfund.org)

### Intervention of the Month

We would like to introduce an intervention of the month to our newsletters that we hope you will find helpful.

Hope Kit

(From *Helping the Suicidal Person* by Stacey Freedenthal)

What is a Hope Kit? A box or any container that the youth can fill with reminders of why life is worth living! The kit serves two purposes: stimulates thinking about what is important, and during times of crisis helps the youth remember what there is to hope for beyond the painful moment. Items that can go into the kit can be anything from poems, images, quotes, cards, etc. as long as the items do not trigger painful emotions or memories.

There is also an app for youth who would enjoy the tech version - Virtual Hope Box

### CAMS Training through the State

In light of COVID-19, the Office of Suicide Prevention has moved all CAMS trainings to a virtual platform. If you are a behavioral health provider interested in participating, sign up to receive more information [here](#). To learn more about the training, visit [CAMS-Care.com](http://CAMS-Care.com).

There is an upcoming training on December 8. If you are interested in the training, please apply by clicking [here](#).

### November Resources and Continuing Education Opportunities

**Suicide Safe Care Implementing the New National Guidelines with Practical Resources:** This free training includes a two-hour online on-demand course including independent work for primary care and other service providers. The course covers the new national guidelines for work across settings with patients at risk for suicide, as well as free evidence-based resources to share and support your work with suicidal clients. [Click here to register.](#)



### Colorado Gives Day

Second Wind Fund is gearing up for Colorado Gives Day on December 8th! If you would like to support SWF, you can now schedule a donation at: [www.coloradogives.org/secondwindfund](http://www.coloradogives.org/secondwindfund). All donations scheduled for December 8th are matched by an incentive fund. Helping to spread the word about the importance of SWF's program is also really helpful! Keep an eye out on our social media pages for posts to share/like. Thank you for all of your support!

With Gratitude,  
Kimberlee and Mary

Our mailing address is:

899 Logan Street Suite 208  
Denver, CO 80203

Would you like to change how you receive these emails?

Please [update your preferences](#) or [unsubscribe from this mailing list](#).

