

Second Wind Fund

YOUTH SUICIDE PREVENTION

December Newsletter

Please be aware that Second Wind Fund will be closed December 24, 2020 through January 3, 2021. If you need to make a referral please do so before December 24th otherwise we will respond when we are back in the office on January 4th.

Hello Qualified Referral Sources!

We have officially reached December, the Winter Solstice, and the holiday season. December 21st at 3:02 am we have the shortest day and the longest night of the year. This also marks the beginning of winter.

Alban Arthan, Welsh for "Light of Winter," is probably the oldest seasonal festival of humankind. In the Druidic traditions, the Winter Solstice is a time of death and rebirth. It is a time when Nature's powers and our own souls are renewed. The solstice moment is the time when the Old Sun dies (at dusk on the 21st of December) and when the Sun of the New Year is born (at dawn on the 22nd of December).

As we say goodbye to this year and hello to the next, we wish you all a safe and healthy holiday season. Thank you all for your continued support and for trusting us with the youth you support!



Funding LivingWorks Start Training

The Office of Suicide Prevention is providing our partners across Colorado FREE access to the [LivingWorks Start](#) suicide prevention gatekeeper training. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click [here](#).

To access the training, click [here](#) and enter access code: OSP Gen. Please note there are a limited number of licenses available for use and the training is available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.

*LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers. It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at Dymond.Ruybal@state.co.us.

Free On-Demand Webinar from CAMS: Adolescent Suicide Prevention

Dr. Cheryl King shares her extensive expertise on youth suicide prevention. Highlights of her presentation center on risk factors for youth suicide, screening, and assessment. In addition, Dr. King discusses clinical prevention work including her YST approach. [Click here to watch.](#)

Feedback About Making Referrals

We would love to also hear any feedback about how COVID and/or virtual learning has impacted your ability to make referrals. Please reply to this email with any feedback that you would like to share.



Colorado Gives Day

Second Wind Fund is gearing up for Colorado Gives Day on December 8th! If you would like to support SWF, you can now schedule a donation at: www.coloradogives.org/secondwindfund. All donations scheduled for December 8th are matched by an incentive fund. Helping to spread the word about the importance of SWF's program is also really helpful! Keep an eye out on our social media pages for posts to share/like. Thank you for all of your support!

We Are Here!

Have any questions about how Second Wind Fund works? Feel free to explore our [website](#) or reach out to program@thesecondwindfund.org

With Gratitude,
Kimberlee and Mary



Our mailing address is:
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