

# Second Wind Fund

YOUTH SUICIDE PREVENTION

## February Inspiration and Updates



### Hello Qualified Referral Sources!

Welcome to February.

During the month of February, we have a lot to celebrate! Without listing every holiday and theme for February, here are some highlights:

- Black History Month
- Valentine's Day on February 14th
- Random Acts of Kindness Day on February 17th

Each of the above listed are the inspiration for the newsletter this month. We hope that these continue to be helpful to you all and we always welcome feedback for items you would like to see added to the newsletter.

As 2021 is underway, we hope that everyone had a great start to the new year and we look forward what may come!

With Gratitude,  
Kimberlee and Mary

### Black History Month

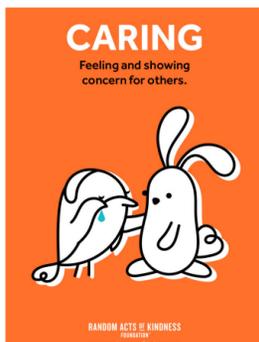
[Meet the man who created Black History Month](#) A good read about the man who created Black History Month.



[Theme of Black History Month for 2021](#) Each year there is a theme for Black History Month. Click the link above to learn more about this year's theme!

### Random Acts of Kindness Day

[Random Acts of Kindness Website](#) Come one come all to the celebration of Random Acts of Kindness Day! This website has some great activities and suggestions that you might be able to use with the youth you serve.



[Kindness Videos](#) Some quick and great videos that share some stories of inspiration and the power of kindness.

### Free Crisis Support Team Provided by the Jason Foundation

A resource for guidance and advice to deal with traumatic events that could affect students' and young people's emotional health in a school, church, youth organization, or other setting. CST will provide telephonic assistance via clinical professionals that will listen and share insights when handling such events in the best clinical way. This service is not crisis counseling for individuals, but rather guidance for administrators or leaders responding to groups dealing with adverse events. Connection to a clinical advisor typically occurs within 24 hours of contacting the Team. [Click here to learn more.](#)

### Suicide Prevention Resource Center - Still A Great Resource

The Suicide Prevention Resource Center continues to be one of the best resources for finding information about suicide prevention whether you are school professional, faith leader, counselor, or any other profession supporting youth at risk for suicide.

- [Click here to see their list of free trainings.](#)
- [Click here to look at resources for schools.](#)
- [Click here to look at a resource for faith leaders.](#)

### Funding LivingWorks Start Training

The Office of Suicide Prevention is providing our partners across Colorado FREE access to the [LivingWorks Start](#) suicide prevention gatekeeper training. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click [here](#).

To access the training, click [here](#) and enter access code: OSP Gen. Please note there are a limited number of licenses available for use and the training is available on a first come, first serve basis. Please do not share the URL and access code outside of Colorado.

\*LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers. It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at [Dymond.Ruybal@state.co.us](mailto:Dymond.Ruybal@state.co.us).

### Feedback About Making Referrals

We would love to hear any feedback about how COVID and/or virtual learning has impacted your ability to make referrals. Please reply to this email with any feedback that you would like to share.

### We Are Here!

Have any questions about how Second Wind Fund works? Feel free to explore our [website](#) or reach out to [program@thesecondwindfund.org](mailto:program@thesecondwindfund.org)

We are hiring!

We are looking for our next...

# REFERRAL SPECIALIST

Help support our mission to provide expedited access to life-saving therapy for youth at risk for suicide!

Second Wind Fund  
YOUTH SUICIDE PREVENTION

### We Are Hiring!

Our team at Second Wind Fund is growing! The Program Department is hiring a third staff member. If you know of anyone who might be interested please share the job description link by [clicking here](#).

### Get To Know The Second Wind Fund Staff - New

In the coming newsletters, we would like to introduce ourselves a little bit more so you know about us and who you are interacting with at Second Wind Fund. Each month we will either share quotes, fun facts about ourselves, or what inspires us. We are all here for you and welcome any thoughts, questions, and concerns.

The question this month: What is your favorite thing about working at Second Wind Fund?

#### Chris Weiss - Executive Director

"Second Wind Fund has such an amazing mission and teen suicide in Colorado continues to need our constant attention. My favorite thing about working at Second Wind Fund is being able to lead a small, mighty, and high performing team."

#### Kimberlee Bow - Program Director

"I love the daily opportunities to connect with such amazing people around the state. Everyday I hear such great stories of people making a difference in their communities. It inspires me and warms my heart to know the care and dedication that the youth in Colorado are receiving."

#### Mandy McKnight - Controller/Director of Operations

"In all the years of working at Second Wind Fund, my favorite thing has been the people associated with the organization. I have met so many wonderful and caring individuals, and many have become lifelong friends."

[Mary Houlihan - Referral Specialist](#)

"My favorite part about working at Second Wind Fund has been supporting connections between youth and the people who can help them navigate the overwhelm in their lives."

[Josh Kumin - Development Director](#)

"One of the main reasons I love working for SWF is due to the close communication and collaboration among the entire staff. It truly feels like we are all part of a team working to help save lives. I personally gain so much from working for SWF and have the autonomy to try new things in my role and to propose new ideas. It is a wonderful place to work and grow."



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**Our mailing address is:**

899 Logan Street Suite 208

Denver, CO 80203

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