Notable President
Happy New Year! Welcome to 2021.

There are so many different traditions that surround the new year’s celebration.

- In ancient Thailand, guns were fired to scare off evil demons.
- In Scotland, for the celebration of Hogmanay, bonfire ceremonies are held where people parade while swinging giant fireballs on poles.
- In Spain, people try to eat 12 grapes before the 12th stroke of midnight. If successful, they will have good luck for the coming year.
- In ancient Thailand, guns were fired as a way to frighten off demons.
- In Hungary, the tradition of lighting bonfires is still observed.
- In India, people dye their hair before the New Year to symbolize the new beginning.
- In the Philippines, it is customary to wear new clothes on the first day of the New Year.
- In Japan, people buy new clothes before the New Year to ensure good fortune.

We all know the benefits of case consultation. It can be great for bringing a new perspective. In our efforts to continue to support your work with the youth who are referred by Second Wind Fund, we are offering two opportunities for group consultation.

Please click here to explore the page that will take you to the new resource page.

We are launching our new Accountability Partner Program.

We need your help! Second Wind Fund is seeking more providers to join our network in the Second Wind Fund community and also have some additional support. Accountability Partners are a great chance to have someone in your corner holding you accountable, understanding what you are looking for in a partner and then we will take it from there.

If you know of any licensed mental health providers who would be interested in becoming a Second Wind Fund partner, please have them reach to:

Mary Houlihan, Executive Director
Mhoulihan@thesecondwindfund.org

We are offering two opportunities for group consultation.

Session Rate Increase Has Taken Effect!

It is official! As of January 1, 2021 SWF payment rates are $90.00 a session. All sessions completed on or after January 1st will be paid out at the new rate.

Hello Providers!

If you plan to attend, please register below.

Register Here
@ 9:00 am
Date: January 15, 2021

If you plan to attend, please register below.

Register Here
@ 6:00 pm
Date: March 11, 2021

We Need More Providers!

Second Wind Fund is a unique provider-specialized where research focuses on suicide prevention and helping youth struggling among young adults. We also offer an Associate Ph.D. program focusing on depression, anxiety, and suicide prevention.

Her clinical experience includes assessment, crisis counseling and psychotherapy with young adults, children, and families, and immediate response social work. She currently has a clinical practice providing psychotherapy, consultation, and clinical supervision.

At the time of this writing, the Second Wind Fund network has over 500 providers around the state who have a variety of experiences, specialties, and big hearts. This is an opportunity to become connected with the Second Wind Fund community and also have some additional support. Accountability Partners are a great chance to have someone in your corner holding you accountable, understanding what you are looking for in a partner and then we will take it from there.

Please click here to explore the page that will take you to the new resource page.

A variety of links to different trainings, many of which are free, are available including:

- Useful apps for clients
- Different types of safety plan templates
- Doula care plans for clients
- A variety of links to different trainings, many of which are free

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The intention of the "The Psychosocial Aspects of Pandemic Viruses" presentation is focused on mental health disaster strategies that enhance good mental, behavioral, and psychosocial functioning during the COVID-19 crisis. This public health disaster has significantly altered the mind, body, and spirit of all clients/patients as well as professional providers. The Pandemic Risk and Resiliency Continuum (PRRC) model will be presented to identify clients with low, moderate, and high-risk medical, physical, and mental health symptoms related to the COVID-19. Emphasis on healthy-unhealthy and normal-abnormal mental and behavioral health functioning will be explored. Implications for current research and future resources are offered through a 130-page handbook. The Handbook is available here as a stand-alone item. Additionally, the identification and recognition of empathy fatigue is explored for mental health professionals navigating clients/patients during the COVID-19 pandemic. Recommendations and guidelines for self-care are presented.

CAMS Training through the State
In light of COVID-19, the Office of Suicide Prevention has moved all CAMS trainings to a virtual platform. If you are a behavioral health provider interested in participating, sign up to receive more information here. To learn more about the training, visit CAMS-Care.com.