

# Second Wind Fund

YOUTH SUICIDE PREVENTION

## January Important Updates and Changes



### Hello Qualified Referral Sources!

Happy New Year! Welcome to 2021.

There are so many different traditions that surround the new year's celebration.

- In ancient Thailand, guns were fired as a way to frighten off demons.
- In Denmark, plates and glasses are thrown at each others' doors to banish bad spirits.
- In Spain, people try to eat 12 grapes before the 12th stroke of midnight. If successful, they will have good luck for the coming year.
- In Scotland, for the celebration of Hogmanay, bonfire ceremonies are held where people parade while swinging giant fireballs on poles.
- Early Egyptians traded earthenware flasks.

These are just a few examples of the many out there.

For us at Second Wind Fund, this year is a year of change as we continue to improve the program to help the youth that you are serving. Please stay tuned as we continue to announce different improvements in the coming months. As always, please let us know what else we can do to support you as a valued member of the Second Wind Fund family.

May your 2021 be healthy and happy. Cheers!

### Resource Page - New!

With the launch of our new website, we created a special Qualified Referral Source resource page.

Here are just a few examples of what you can find on this page:

- Different types of safety plan templates
- Useful apps
- A variety of links to different trainings, many of which are free

[Click here to explore what the page has to offer.](#) We are constantly updating this page so please continue to check back frequently for additional resources.

To access the page directly, visit [thesecondwindfund.org](http://thesecondwindfund.org) and scroll down to the bottom of the page. In the bottom right corner of the footer you will see, in white lettering, Current QRS. Click there and you will be on your page.

### Making Referrals - How To Make It Super Easy!

As you probably already know, we have moved our referral process online to make it much easier for you all. Hopefully, since doing so it has helped make the process more efficient.

Based on feedback and observations, we wanted to provide you with a few tips and an updated version of the Best Practices document which is attached to this email below this section. Just click the Best Practices button.

### Medicaid

Medicaid covers mental health services without the same session limits that SWF has on sessions, which can be of great benefit to the youth. This allows the youth to have longer term support for numerous mental health concerns and not just for suicide risk!

Because of rules and regulations surrounding Medicaid, SWF is unable to pay for youth to see a provider who does not accept Medicaid. If a youth has Medicaid, they have to see a provider who accepts Medicaid. There are not exceptions that can be made. What we can do is still provide a list of our providers who accept Medicaid and a cheat sheet that you can give to the family on how to locate a provider who accepts Medicaid.

### First Question on the Form About Needing Financial Assistance

The first question on the form states, "Does the family need financial assistance to obtain therapy rather than navigation/resource assistance in finding a provider?" Select "yes" only if you are requesting a SWF referral. If the youth has Medicaid or you are only needing a providers/resource list because the youth can afford services, please select "no."

### Insurance

You do need to know what kind of insurance a youth has in order for us to process a referral. If you select that you don't know when prompted, please expect us to reach out to you to follow up.

### Be sure to tell us about the suicide risk!

SWF is specific to youth who are at risk for suicide. We wish that we could cover all mental health concerns, however, our mission is specific to suicide prevention. When completing a referral, please be sure to tell us about the suicide risk. If it is not discussed, please expect us to follow up with you.

Best Practices

### Funding LivingWorks Start Training

The Office of Suicide Prevention is providing our partners across Colorado FREE access to the [LivingWorks Start](#) suicide prevention gatekeeper training. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click [here](#).

To access the training, click [here](#) and enter access code: OSP Gen. Please note there are a limited number of licenses available for use and the training is available on a first come, first serve basis. Please do not share the URL and access code outside of Colorado.

\*LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers. It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at [Dymond.Ruybal@state.co.us](mailto:Dymond.Ruybal@state.co.us).

### Free On-Demand Webinar from CAMS: Suicide and Communities of Color

Dr. Jobes and his special guest expert Dr. Sherry Davis Molock will discuss suicide within communities of color with an eye to research, policy, and clinical considerations for effectively preventing suicide within these communities. [Click here to watch.](#)

### Feedback About Making Referrals

We would love to also hear any feedback about how COVID and/or virtual learning has impacted your ability to make referrals. Please reply to this email with any feedback that you would like to share.

### We Are Here!

Have any questions about how Second Wind Fund works? Feel free to explore our [website](#) or reach out to [program@thesecondwindfund.org](mailto:program@thesecondwindfund.org)

With Gratitude,  
Kimberlee and Mary



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**Our mailing address is:**

899 Logan Street Suite 208

Denver, CO 80203

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