

Second Wind Fund

YOUTH SUICIDE PREVENTION

July Inspiration and Updates

HELLO JULY!

*"Keep your face to the
sunshine and you will not see
the shadows."
— Helen Keller*

Hello Qualified Referral Sources!

Welcome to July.

We are halfway through the year! The sun is high in the sky and the extended sunlight gives us more time to be outside. Summer vacation is in full swing and we are finding ways to connect with each other after many months of not being able to.

Rather than provide you with a bunch of information this month, please enjoy a shortened newsletter as reminder that we are still here to take referrals in the summer. We also have a neat announcement below! We will pick back up next month with our usual newsletter when we think about transitioning back to school.

All of these newsletters are now being posted on our [Current QRS](#) webpage along with the additional resources.

With Gratitude,
Kimberlee, Mary, and Elyse

More Guardian and Youth Handouts Coming This Fall!

We will continue to release more guardian handouts in English and in Spanish. These are specifically designed to help support families through the mental health process!



Resources and Continuing Education Opportunities

Racial Equity Support Line

The [Racial Equity Support Line](#) is a service led and staffed by people with lived experience of racism. They offer support to those who are feeling the emotional impacts of racist violence and microaggressions, as well as the emotional impacts of immigration struggles and other cross-cultural issues. This line is available weekdays from 10am to 7pm, Pacific Standard Time.

Phone Number: 503-575-3764

Funding LivingWorks Start Training

The Office of Suicide Prevention is providing our partners across Colorado FREE access to the [LivingWorks Start](#) suicide prevention gatekeeper training. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click [here](#).

To access the training, click [here](#) and enter access code: OSP Gen. Please note there are a limited number of licenses available for use and the training is available on a first come, first serve basis. Please do not share the URL and access code outside of Colorado.

*LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers. It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at Dymond.Ruybal@state.co.us.

Second Wind Fund Related News and Updates

We Are in Larimer County!

As of July 1st, we have expanded to Larimer County! We are excited to be able to support another county in Colorado. Please help us spread the word. We would love your help recruiting new providers and letting people and organizations know that we are ready to take referrals.

Please reach out to us with any questions, suggestions, or thoughts at program@thesecondwindfund.org.

Feedback About Making Referrals

We would love to hear any feedback about how COVID and/or virtual learning has impacted your ability to make referrals. Please reply to this email with any feedback that you would like to share.



Elyse Baumgardner

Referral Specialist

ebaumgardner@thesecondwindfund.org

Elyse joined the Second Wind Fund team in March of 2021 as Referral Specialist. After graduating from the University of Michigan with a Bachelor's degree in Criminology and Criminal Justice Studies, she began volunteering in the nonprofit sector. At the Rose Amond Center in Denver, she supports survivors of intimate partner violence by connecting them with resources to aid in their healing process. Elyse is driven by a passion to empower others as well as the desire to make a difference in the community.

We Are Here!

Have any questions about how Second Wind Fund works? Feel free to explore our [website](#) or reach out to program@thesecondwindfund.org

Get to Know the Second Wind Fund Staff

SWF staff continues to be here for you! We welcome any thoughts, questions, and concerns.

The question this month: If you could be a summer fruit, what summer fruit would you be and why?

Chris Weiss - Executive Director

"I would be a Papaya. During my time in the Peace Corps in Belize, I had plenty of Papaya. So good!"

Kimberlee Bow - Program Director

"Hands down a watermelon. I love being in water and a watermelon has plenty of that."

Mandy McKnight - Controller/Director of Operations

"I would want to be a lemon because I love warmer climates and being near the ocean. If I was a really lucky lemon, I would live on a lemon tree on the Amalfi Coast in Italy amongst the best lemons in the world!"

Mary Houlihan - Provider Engagement Manager

"I would be a pomegranate! I love the tartness and texture."

Elyse Baumgardner - Referral Specialist

"If I was a summer fruit I would be a pineapple because they are grown in beautiful, tropical places!"



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