



## Parent FAQ Guide

Second Wind Fund (SWF) is a 501(c)(3) nonprofit organization. We provide access to mental health resources to youth at risk for suicide in Colorado by covering up to 12 sessions of therapy when there is a social or financial barrier to accessing treatment. Please visit our website [www.thesecondwindfund.org](http://www.thesecondwindfund.org) for more information.

### HOW CAN MY CHILD QUALIFY FOR THE 12 SECOND WIND FUND COVERED SESSIONS?

We reserve our formal referrals, which entitle youth to 12 covered therapy sessions with a mental health provider in our network, for youth who meet the following criteria: are 19 or younger, have a financial or social barrier to accessing therapy, and are at risk for suicide.

### ARE THERE OTHER WAYS SECOND WIND FUND CAN HELP?

Yes! In addition to our formal referrals, we can also help youth and families navigate finding a therapy provider. If a family has Medicaid or private insurance and proper coverage and is just needing help navigating the mental health system, Second Wind Fund can offer a list of therapy providers who accept their insurance and suit the youth's needs.

### WHO CAN MAKE A REFERRAL TO SECOND WIND FUND?

We accept referrals from parents, guardians, and caregivers, along with mental health professionals such as school mental health staff, social workers, doctors, nurses, faith leaders, and youth advocates. Our referral form can be found on our website at <https://thesecondwindfund.org/>.

### WHAT HAPPENS AFTER A REFERRAL IS MADE TO SECOND WIND FUND?

Once SWF receives a referral request, the request is processed within 24 to 48 hours. A list of therapy providers will be generated based on your location and your child's support areas that were indicated on the request form, which is then sent back to the person making the referral along with two (2) other documents: a Release of Information form, and the Referral Number which the provider will use to bill us. You will be responsible for calling through the list of providers to arrange the first appointment for your child, and make sure you bring the completed documentation to the first appointment with the provider.

### DO SECOND WIND FUND SESSIONS EVER EXPIRE?

Second Wind Fund referrals are active until all 12 of the sessions are used, or until the youth turns 20 years old.

**WHAT SHOULD I DO IF MY CHILD IS EXPERIENCING AN EMERGENCY MENTAL HEALTH CRISIS?** Second Wind Fund is not a crisis line. Call Colorado Crisis Services at 1-844-493-8255 or bring them to one of the several walk-in crisis centers located throughout Colorado. Find a location at <https://coloradocrisiservices.org/>.

### Contact the Program Team:

720-962-0706 | [program@thesecondwindfund.org](mailto:program@thesecondwindfund.org)