



Second Wind Fund FAQ Guide

Second Wind Fund (SWF) is a 501(c)(3) nonprofit organization. Our mission is to decrease the incidence of suicide in children and youth by removing the financial and social barriers to treatment. Please visit our website <http://www.thesecondwindfund.org> for more information.

WAYS WE CAN HELP

1. SWF may cover the cost of 12 sessions of individual therapy with a SWF network provider for those who qualify
2. SWF provides navigation assistance for youth who have insurance, including Medicaid, to Second Wind Providers who are paneled with their insurance

WHO CAN MAKE A REFERRAL TO SECOND WIND FUND? We accept referrals from parents, guardians, and caregivers, along with youth-serving professionals such as school mental health staff, social workers, doctors, nurses, faith leaders, and youth advocates. Referral sources fill out an in depth referral form that helps better identify appropriate supports for youth. Our referral form can be found on our website at <http://www.thesecondwindfund.org>.

HOW CAN A YOUTH QUALIFY FOR THE 12 SECOND WIND FUND COVERED SESSIONS? To qualify for 12 covered therapy sessions, youth must meet a set of criteria that establishes the referral as high priority based off the risk factors and barriers to care. If this criterion is not met, the youth will still be given a list of providers that accept their insurance. Every youth with a submitted SWF referral will receive the appropriate services to help them find immediate care.

DO SECOND WIND FUND SESSIONS EVER EXPIRE? Due to the nature of what SWF does, **we request that youth engage in treatment within one month of being approved. This means, a youth must be scheduled with a provider within one month of begin accepted into SWF program, and an email including the youths SWF number and the provider they are scheduled with MUST be sent to Program@thesecondwindfund.org within a month of their acceptance email.** Once activated, **youth have 12 months to utilize their 12 sessions.** If a referral remains inactive, it will expire. The youth can always be referred again in the future to finish up their 12 sessions.

WHAT IS NAVIGATION ASSISTANCE? In addition to our formal referrals, SWF also helps youth and families navigate the mental health system by creating a list of Providers in our network that accept their insurance, have immediate availability, and suit the youth's needs. This includes youth who have Medicaid and CHP+.

WHAT HAPPENS AFTER A REFERRAL IS MADE TO SECOND WIND FUND? SWF processes all referrals within 24 to 48 business hours. A list of therapy providers will be generated based on the youth's preference for in-person or telehealth services and the support areas indicated on the referral form. The list of providers is sent to either the Referral Source or to the Parent/Guardian's email. SWF approved referrals will receive an email that includes the youth's referral number (SWF-0000), which allows them to access paid sessions through Second Wind Fund, and an attachment called Release of Information/Waiver of Liability form. The ROI/Waiver forms will need to be filled out and given to the provider at the youth's first session. **The Parent/Guardian or Referral Source will be responsible for calling through the list of providers to arrange the first appointment for their youth within 30 days. They will then need to email Program@thesecondwindfund.org with their youths referral number and the provider they have scheduled an appointment with within 30 days of the referral being accepted for the referral to remain active.** Navigation Assistance referrals will receive an email that includes only the list of Providers that accept their insurance.